



January 2025

Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6

- Whole Grain French Toast Sticks
- Turkey Sausage Patty
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Sunberry Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fruit Cocktail

7

- Sausage, Cheese & Biscuit Sandwich
- Cinnamon Toast Crunch
- Reduced Sugar Trix
- Apple Cinnamon Cheerios
- Cheerios
- Corn Chex
- Frosted Corn Flakes
- Crunchy Very Berry Parfait
- Sliced Whole Grain Cinnamon Toast
- Cinnamon Diced Pears

1

8

- Whole Grain Waffles
- Blueberry Topping
- Frosted Cinnamon Pop-Tart
- Frosted Strawberry Pop-Tart
- Strawberry Banana Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple

2

9

- Iced Cinnamon Roll
- Turkey Sausage Patty
- Trix Cereal Bar
- Cocoa Puffs Cereal Bar
- Apple Cinnamon Nutrigrain Bar
- Crunchy Very Berry Parfait
- Honey Graham Crackers
- Sliced Whole Grain Cinnamon Toast
- Cinnamon Diced Pears

3

10

- Scrambled Eggs with Cheddar Cheese
- Fresh Baked Whole Grain Biscuit
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Banana Pineapple Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple

13

- Apple Frudel
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Banana Apricot Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Honeydew Cubes

14

- Chicken Tenders
- Whole Grain Waffles
- Baked Apple Slices
- Cinnamon Toast Crunch
- Reduced Sugar Trix
- Apple Cinnamon Cheerios
- Cheerios
- Corn Chex
- Frosted Corn Flakes
- Blueberry Parfait with Granola
- Sliced Whole Grain Cinnamon Toast
- Pineapple Tidbits

15

- Breakfast Bowl
- Frosted Cinnamon Pop-Tart
- Frosted Strawberry Pop-Tart
- Peachy Strawberry Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Orange

16

- Strawberry Cream Cheese Stuffed Bagel
- Trix Cereal Bar
- Cocoa Puffs Cereal Bar
- Apple Cinnamon Nutrigrain Bar
- Blueberry Parfait with Granola
- Sliced Whole Grain Cinnamon Toast
- Pineapple Tidbits

17

- Fresh Baked Whole Grain Biscuit
- Old Fashioned Gravy
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Blueberry Parfait with Granola
- Low Fat Mozzarella String Cheese
- Fresh Orange

20



No School

21

- Cinnamon Toast Crunch Mini French Toast Bites
- Cinnamon Toast Crunch
- Reduced Sugar Trix
- Apple Cinnamon Cheerios
- Cheerios
- Corn Chex
- Frosted Corn Flakes
- Crunchy Very Berry Parfait
- Sliced Whole Grain Cinnamon Toast
- Fresh Orange

22

- Grits Breakfast Bowl
- Frosted Cinnamon Pop-Tart
- Frosted Strawberry Pop-Tart
- Sunberry Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Banana

23

- Blueberry Bash Waffles
- Trix Cereal Bar
- Cocoa Puffs Cereal Bar
- Apple Cinnamon Nutrigrain Bar
- Crunchy Very Berry Parfait
- Sliced Whole Grain Cinnamon Toast
- Fresh Orange

24

- Scrambled Eggs with Cheddar Cheese
- Fresh Baked Whole Grain Biscuit
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Crunchy Very Berry Parfait
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple

27

- Bagel
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Banana Apricot Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Orange Wedges

28

- Buttermilk Pancakes
- Blueberry Topping
- Cinnamon Toast Crunch
- Reduced Sugar Trix
- Apple Cinnamon Cheerios
- Cheerios
- Corn Chex
- Frosted Corn Flakes
- Blueberry Parfait with Granola
- Honey Graham Crackers
- Fresh Red Seedless Grapes

29

- Turkey Ham, Egg & Cheese Burrito
- Frosted Cinnamon Pop-Tart
- Frosted Strawberry Pop-Tart
- Peachy Strawberry Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Granny Smith Apple

30

- Mini Cinnamon Waffles
- Trix Cereal Bar
- Cocoa Puffs Cereal Bar
- Apple Cinnamon Nutrigrain Bar
- Blueberry Parfait with Granola
- Honey Graham Crackers
- Fresh Red Seedless Grapes

31

- Turkey Sausage Pancake Sandwich
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Strawberry Banana Smoothie
- Honey Graham Crackers
- Low Fat Mozzarella String Cheese
- Fresh Granny Smith Apple

🍌 1/28 Blueberry Pancake Day

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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